



VOL.XXXV. NO 2

BROADMEAD, COCKEYSVILLE, MD

October, 2013

New Head of Grounds Tackles Landscaping

Has Degree in Horticulture Is Fluent "Hispanophone"

Story and photo by Jackie Mintz

Linnette Kanitz, Broadmead's recently hired head of grounds, likes almost everything about her new job.

She likes the fact there is "always room for improvement" - that people are willing to make things better. She likes her co-workers, especially Adrienne. And she enjoys the community full of interesting residents and likes listening to their stories.

"There are lots of personalities here. It makes the day go by fast," she said. The only negative feature of the job she can think of is the name badge. She cannot always remember to wear hers.

As the head of grounds keeping, Linnette determines what needs to be done, where plantings are needed and what should be planted. She does this in consultation with others, but also keeps in mind what particular plants will look like in a couple of years, and

what kind of maintenance they require. In a recent installation in one of the clusters, she noted that only three of a couple of dozen plants will require pruning.

Linnette likes most aspects of landscaping. She enjoys maintaining gardens. "A good design is not worth much if you don't maintain it," she pointed out.

When pressed, she said she doesn't even mind weeding.

Linnette counts herself very fortunate to have been given the Broadmead job. She thinks that despite her relative youth and short experience, she got the job because she made it clear she was willing to work hard. And so far she has amply demonstrated her willingness and readiness to work hard.

This interviewer has heard many positive comments about Linnette from residents.

A native of St. Ignace in Michigan's Upper Peninsula, Linnette graduated in 2009 from Michigan State University (East Lansing) with a degree in horticulture. Her concentration was in Landscape Design/Construction which included surveying, grading and drawing.

Linnette first came to Maryland in 2006 when she worked for Brickman, Broadmead's landscaping contractors, as a summer intern.



This is not a paid advertisement for Deer Off. But have you seen the glorious hosta, pictured at top, in the F-1 garden of Bob Gist and John DePrine? And have you seen the scraggly hostas which exist elsewhere on campus which look more or less like the trio below in Cluster C....name of victim withheld to protect the innocent. In 2012, the F-1 hosta looked even worse, chewed off almost down to the roots. But when it bounced back in the spring, Bob found that Deer Off did a fine job of keeping Bambi and friends away. Moreover "It's long lasting and does not have to be reapplied after rain. Also it does not have a vile odor and it is supposedly environmentally friendly," he said.



EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, THE VOICE does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. THE VOICE does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule THE VOICE will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page, no copy may exceed 400 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in THE VOICE box opposite the copy machine in the BRA office.

New Head of Grounds

Continued from Page one

After graduation she returned there to a full-time job. In 2012 she left for Acer Landscaping to gain experience in residential work. Although she found that very enjoyable, she also learned that residential work is subject to more seasonal ups and downs than commercial landscaping and requires 12-14 hour days during the busy season. So when she learned she was pregnant, she decided to return to commercial work. Linnette is balancing work and family. Her son Diego, now eight months, is in daycare. She lives near Broadmead with partner Samir Reyes.

Because so many people who work in landscaping today speak Spanish, she studied the language and assisted by Samir and her Hispanophone coworkers, she has learned to speak Spanish fluently.

Linnette studied abroad during the summer of 2009, spending time in England, France, Germany, Netherlands, Belgium, Italy, Spain, Ireland and Wales. A member of Alpha Omicron Pi sorority, she counts resident Marge Tuttle as a sorority sister. She is one of seven children including three brothers and three sisters, one of whom is her twin.

Over 25 Boxes of "This-n-That"... Barn Sale Will Have Rooms Full of Big Items, Lots of Miscellaneous Stuff Too

By Elborg Forster

Just about every resident of Broadmead is involved in the twice-yearly Barn Sale. And right now, most are bustling about, preparing diligently for the next one which is just a few weeks away, Friday and Saturday, October 18 and 19.

Some prepare the "merchandise" for sale. Some cook up goodies. Some act as salespeople and baggers. Some make signs. Some clean up afterward. And some do all of these things.

This is no ordinary sale. This is a very big sale. It's a moneymaker. On its success depend most of the BRA's activities and functions for the coming year.

Certain "departments," such as Furniture, Clothing and Appliances, generate considerable income for the BRA, and there is even some friendly competition about who has made the most money.

And then there is a special activity that may not bring in very much money but that provides fun and stimulates the imagination of those who participate. On Friday afternoons a half-dozen brave women, led by Bobbie Siebens, gather in the deep recesses of the Broadmead Center. They have come to sort, label and price an avalanche of things that will be displayed on Barn Sale days in the area called "This-n-That".

An inspired choice of name, if you ask me.

The team has already packed up and stored 25 boxes and given them such labels as "Toys" (colorful water pistols, small stuffed animals, model cars and trucks, a child's bank in the shape of a telephone booth), "Office Supplies" (staplers, hole punchers, paper clips, an ingenious metric converter, pens and pencils), "Jewelry Cases" (large and small, in leather, wood, plastic, lacquer), "Vases" (large and small, in various colors and shapes), "Tools," and a dozen other categories. Several shoe boxes hold



Above, Alice Giles sorts through piles of old sheet music. Below, Peggy Patterson, Teru Mottley, Ruth Heald and Bobbie Siebens examine several donated sidewalk lights.



stationery, from classy or tacky picture postcards to Christmas and get-well cards, pre-printed invitations and thank-you notes.

Today the intrepid workers sort through newly arrived boxes filled with miscellaneous donations. Every so often someone will hold up an item and ask, "What in the world is this?" Usually no one knows and the consensus is that it's probably just part of something.

Bobbie and her team are dealing with a bewildering array of stuff, but they have it firmly under control. Buyers will be intrigued and delighted and go home with unexpected treasures. Come see.

Toad in Commode Puzzles the Bakers

By Sue Baker

One evening in August, Tim and I returned home to find a middle-sized toad in the toilet, paddling about happily. (Well, she *appeared* to be smiling.). Actually, she was probably more interested in getting out than in having a swim. With the help of a plastic bag I managed to grasp her and pop her into a saucepan. As soon as I deposited her on the sidewalk she quickly hopped away.

Question: How did she get there? The door of the screen porch sometimes sticks open so she could have entered the porch and hung around waiting for the door to the living room to be left open.

From there to the bathroom would have been easy – but for her to smell or sense the water and make a gigantic leap?

Alternatively, I've heard that frogs or toads have been known to swim against the current and emerge into the toilet from below. But that seemed unlikely.

A few days later, I found a slightly smaller toad on our front doorstep, nose pressed to the crack and ready to hop in the second the door opened. (I am guessing this was a male and the first a female since toad females outweigh males.)



Had he heard what fun she'd had and yearned to repeat it? Or had I deposited her too far from the apartment so he couldn't find her?

An hour later, he or his twin was outside the screen porch door, again poised to jump inside. We have an end unit, enabling him to hop around from front to back door.

Until now, I never looked down before opening the door. But with toads so determined to visit, that had better change. P.S. – Our children reacted as follows:

Dan said if the toilet seat was down, we sexed them correctly.

Susie Googled and found "Toads are associated with money and luck."

David told us the female toad must have marked the spot with a scent, and now we live at the "Toads' Singles Bar."

BRA Health Care Committee Lecture

Tuesday, October 8
10:30 a.m. Auditorium

Heart Attacks in Women and Men

How They Differ and How They Are Alike
Dr. Dawn Kershner, D.O.
Board Certified in Cardiology
and Internal Medicine

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Mary Jo Campbell	L-5	H-252
Fran Peterson	Q-9	H-242
Marvin Solomon	R-1	T-303
Marjorie Scott	T-302	H-253
Gretel Weiss	T-304	H-244

BROADMEAD WELCOMES

By Nancy Allchin and Natalie Bellows

Ross and Lynn (Campbell) Jones C-15; 443-578-8380; July 2013

The Joneses moved here from nearby Timonium, having lived in Glen Arm for 35 years.

A Baltimore native, Lynn went to Eastern High School and was an English major at Goucher. She later earned a degree in Early Childhood Education from Adelphi University and taught in Pennsylvania and New York City.

She and Ross met during college years and were married in Japan where he was serving in the U.S. Army after the Korean War. They enjoyed living there for three years.

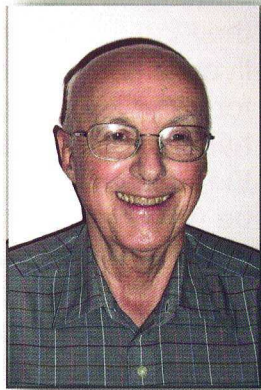
Born in Haddonfield, NJ, Ross graduated from Johns Hopkins University with a major in history. Following military service he was a newspaper reporter, then earned a Master's Degree in Journalism at Columbia University.

After working in public affairs at Columbia, he became assistant to Hopkins president Milton Eisenhower. He later was Vice President and Secretary, with responsibilities for public relations, development and the Board of Trustees.

The couple has three sons, one living in nearby

Monkton, one in Winnetka, Illinois, and the third in Charlestown, Rhode Island. They have seven grandchildren. Three of them are triplet girls, all of whom are musicians.

In retirement Ross writes historical articles relating to Hopkins and is researching the life of Elizabeth Gilman, a Maryland political activist.



Lynn has volunteered at their church and at Hopkins. She helped develop a library and tutored at Barclay Elementary School in the city. Another interest is painting.

Charlotte (Osborn) Parker (Mrs. Andrew) F-7; 443-578-8390; July 2013

Charlotte comes to Broadmead from Towson, and has lived most of her life in the Baltimore area.

She attended Baltimore's Notre Dame College where she majored in Human Services and later studied Early Childhood Education. She taught in several County schools, set up nursery schools at churches, and even conducted educational classes for children going to the hospital through the Johns Hopkins Child Life program.

She recently retired from the staff of Evergreen, the historic home and museum of Johns Hopkins University. Her love of history and the arts made this an ideal place to work for 20 years, first as a volunteer and then on the staff.

Charlotte met her husband Andrew (now deceased) at the age of 15 when he moved into her neighborhood. The couple raised three boys and two girls. Two of their families live nearby in Phoenix. There are 16 grandchildren.

Charlotte and her late husband also lived for almost 10 years in a home on the Magothy River where they enjoyed their sailboat.

You may see Charlotte on the campus walking her dachshund Gretel.



Welcomes continues on page 6

Help the Newcomers
(Old Timers Too)

Wear name tags October 1, 2 and 3

Welcomes....from page 5

**William and Mary Ellen (Harlan) Saterlie
C-8; 443 578-8392; August 2013**

The Saterlies are both teachers.

Mary Ellen, a former chair of the Broadmead Board of Trustees, grew up in Harford County and majored in Secondary Education at Towson State, as it was then called. Early in her career she taught English, social studies and special education at Stemmer's Run Middle School. Continuing in the Baltimore County School system, she

eventually was named the Associate Superintendent for Instruction, a role in which she remained for 14 years.

After retiring from the County school system, she taught graduate studies at various colleges in the area. A Quaker, she helped found the

Harford Friends School in 2005.

Mary Ellen is a quilter and many residents remember her assistance with the design and piecing together of the special Broadmead Quilt made here in 2011.

Bill, as he is known, grew up in the Stoneleigh area of Towson. After high school he served two years in the Air Force, then went to the University of Maryland where he majored in Secondary Education. He later also earned a Master's Degree from that university. He taught history and social studies at Stemmer's Run School and later at Parkville High School.

An avid gardener, he grew flowers from seed in his basement and even mixed his own soil. The beautiful flower beds around their home are evidence of his efforts.



**Florence Shorofsky (Mrs. Gerald)
R-7; 443-578-8398; August 2013**

Our new resident is known as "Florrie", a nickname she adopted in grade school when two of her friends were also named "Florence." A New Yorker, she went to Hunter College where she majored in economics and psychology. She married Gerald (deceased) soon after graduation.

She did not work in the outside world but kept the home fires burning as she raised their family. They lived in New Jersey for 59 years and she has moved here to the Baltimore area to be near her two physician sons and four grandchildren. Her daughter Melanie lives abroad, travelling with her husband as his

business takes them from country to country. Melanie is currently living in the Ivory Coast.

As Florrie does not care for e-mailing, mother and daughter spend a lot of time on the telephone.

Florrie volunteered with the National Council of Jewish Women, which is non-denominational. She and her husband traveled all over the world, London and Paris being their favorite places. She is an avid reader, and when not reading you may find her knitting. She expects to help with some of Broadmead's knitting projects.



MaCCRA Reminder

Renewal of Dues - October 1

New MaCCRA members needed.

Singles: \$20 - Couples: \$30

Make checks payable to:

Broadmead MaCCRA

Place check in mailbox of
Phyllis Erickson, B-14

**Rhoda (LeCuyer) Doughty
(Mrs. William)**

S-101; 443-578-8391; July 2013

Yes, Rhoda Doughty has met and had dinner with Rhoda Dorsey, our Broadmead resident with a similar-sounding name. She feels at home here as she has many associations with Friends.



A native of Baltimore, she went to high school here, then on to Strayer Business College. She was employed as a secretary at several places before she became secretary to Dr. Bliss Forbush, headmaster at Friends School. When he

retired a year after she started she became executive secretary to his successor and son, Dr. Byron Forbush. She stayed for 28 years.

Rhoda met her husband William on a blind date at a bridge party. They married and had a son who now lives with his family in Cockeysville. She has two grandsons.

She has loved music and enjoyed the theater and opera. She is no longer able to distinguish the cards to play bridge, and she has given up knitting and crocheting, but says she is a "happy camper" here at Broadmead.

Gallery Features Sandra Butzow



Story and photo by Nancy Boyce

Sandra W. Butzow is now among the many Broadmead residents whose paintings have graced the gallery walls in the East Hall. The exhibit will be there through October 18.

An accomplished artist, Sandy is a psychiatric occupational therapist, who studied at the Notre Dame of Maryland University, the Baltimore Museum of Art, the Corcoran Gallery and Honolulu Academy. She credits Polly Mitchell, Joan Erbe Udell and Georgia O'Keefe as major influences on her work. The show includes portraits, illustrations, landscapes and floral designs, in watercolor, oil, gouache and pastel.



Halloween Mixer



**Thursday, October 31
2:30 - 4 p.m.**

Main Lounge/Auditorium

There will be a Halloween costume contest, a bake-off,
Live music, entertainment and refreshments.

All are welcome

Autumn Day

By Rainer Maria Rilke

(Translated from the German by Elborg Forster)

Lord: it is time. The summer was immense.

Lay now your shadow on the ancient
sundials,

and on the fields set free the winds.

Command the last fruits to be ripe and
luscious,

give them just two more southern days,
urge them on to perfection and bestow
ultimate sweetness on the precious wine.
Whoever has no house now will not build
one.

Whoever is alone now will be so for many
days to come,

will lie awake, and read, and write long
letters,

and will pace to and fro in tree-lined
avenues

with restless steps, as leaves whirl by.

Open Forum

7 p.m. Auditorium

Friday, October 4

The Personality of Baltimore: From Russell Baker to the Present

Matthew Crenson

Professor of Political Science

Johns Hopkins University

Friday, October 25

The Future of Space Exploration

Bill Leslie

Professor, History of Science

Johns Hopkins University

Annual Walktober Challenge to Pit Residents and Associates Against Staff Reducing Unhealthy Snacks Will Earn Bonus Points

Broadmead's Wellness Department wants residents, associate residents and staff to get their "sneakers in gear" for the sixth annual October Walkathon Challenge which will get underway Monday, October 7 and wind up Sunday, November 3.

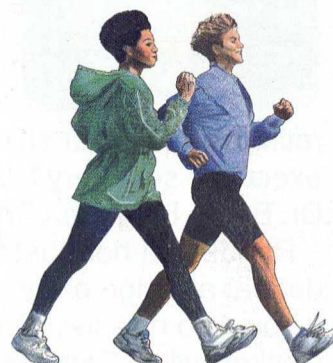
Sign-up sheets for residents and associates are on the back resident bulletin board. Staff sign-ups are located by the time clock. The sign-up deadline is Friday, October 4.

The resident/associate team and the staff team will be competing in what the organizers, Julie Sega and Jody Tromble in Wellness, and Human

Resources Coordinator Kyle Conrad say will be a "friendly, healthy, walking competition." Participants are to record their daily exercise on walking/bike activity sheets. Members of the Fitness Center may include time on the Nustep, bikes, elliptical machine or treadmills toward their goals. Supportive, comfortable shoes are advised.

This year daily food group checklist sheets will also be provided so participants may pay attention to what they eat. Bonus points will be awarded for reducing unhealthy snacks.

Interesting facts about the benefits of walking will be provided to participants every week. The team that racks up the most minutes and points will receive a special recognition.



Newly Arrived Residents

Esther Krasevac

R-16

Peggy Sindall

B-4

Native American Culture Thrives In Baltimore

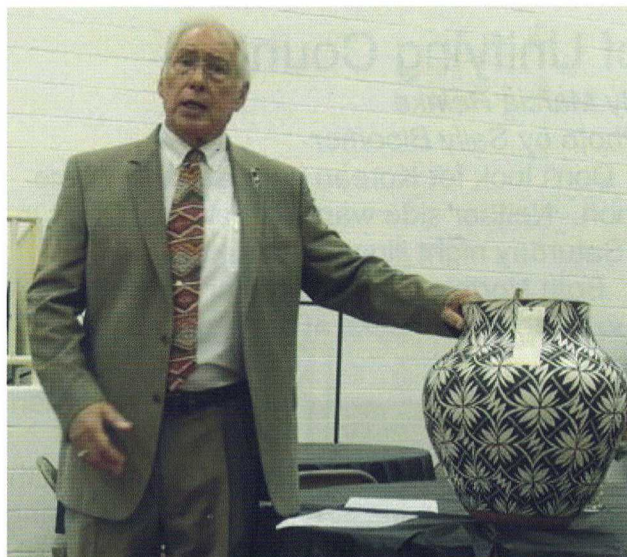
By Gwen Marable

Despite our government's persecution and genocide, descendants of Native Americans continue to thrive in the Baltimore area and will be holding their annual Pow Wow at Towson University again next month.

Citing historic negative attitudes toward those we called Indians, Dr. Dennis Seymour presented 1830-1868 era quotes from President Andrew Jackson, senators, governors and generals, and talked of efforts to force children into boarding schools where they were deprived of their language and culture.

Dr. Seymour, dean of the School of Business, Criminal Justice and Law at Baltimore County Community College, is director of the American Indian Center Heritage Museum at 113 South Broadway. Seymour and other volunteers guided Broadmead visitors on a walk through a garden, planted with the "three sisters" (corn, beans and squash), tomatoes in wooden barrels, flowers and shrubs. The late August trip was sponsored by Broadmead's Multicultural Committee.

The museum building, a row house, is divided into a community room, a gift shop and exhibit space in which selected basketry, pottery and textile items inform visitors of Native American culture. Weaving a rug on a



Dr. Dennis Seymour

Photo by Sally Bloomer

loom near a large fireplace was a woman in the community. A special exhibit embraced story-telling forms.

Highlighted was the history of the Lumbee Indians, including their efforts to get the government to recognize them as an Indian tribe. The Lumbees originally came from North Carolina to Baltimore to work at Bethlehem Steel and settled on South Broadway. Over the years most have relocated to Dundalk and Pasadena.

The Baltimore American Indian Center has been keeping Native American culture and traditions alive in this area since 1968.

The Community Services Department Presents
A Nostalgic Country Fair
Saturday, October 5, 12 noon to 3p.m.

(No Rain Date)

Lower Level Rose Garden Area

Featuring: Live Country Music

4-H Club with Farm Animals

Pit Beef and Pit Ham, Italian Sausage, Hot Dogs, Popcorn and More

Residents, Staff and Families are Invited

For additional information: contact Carole Hayes, ext. 8011

Koreans Prefer North and South to Problems of Unifying Country

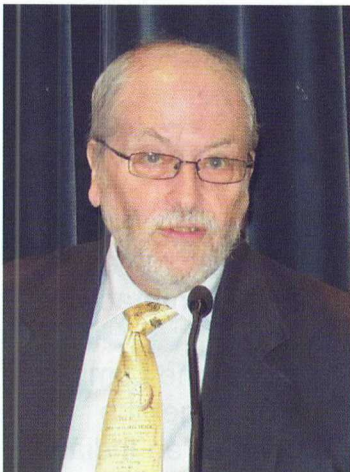
By Marcia Reinke

Photo by Sally Bloomer

Don't look for Korean unification any time soon. Neither side wants it, said Hal Piper in a Saturday night illustrated talk here.

Both North and South prefer the status quo. The South looks at the problems West

Germans encountered when East and West merged. And South Koreans fear taking on the problems of North Korea would be infinitely worse.



Piper, a Princeton and Maryland School of Law graduate, reported for the Baltimore Sun for 35 years and from

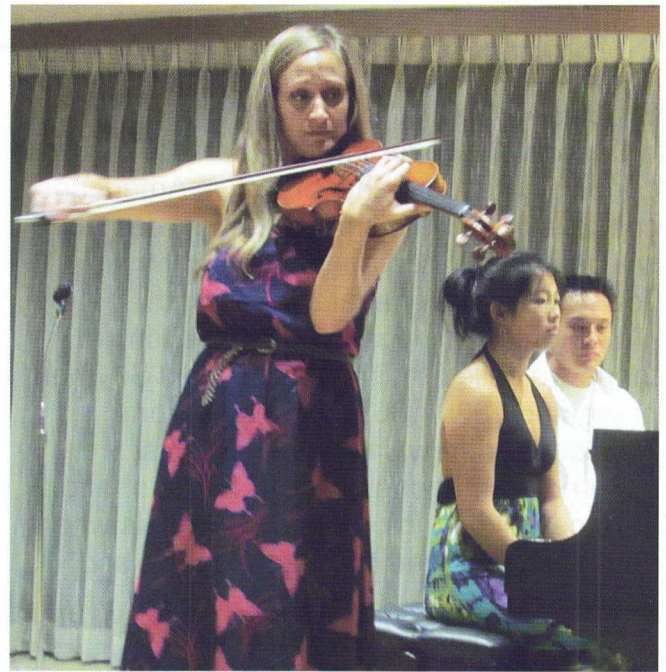
2001-2007 for an English language newspaper in Seoul.

The North Korean rulers are enjoying their "perks", the fact that they "hold a nuclear card" and manage to sustain themselves by counterfeiting, a narcotics trade and dealing in illicit arms, he said.

Comparing the two economies, Piper said the South has had a vibrant economy for the past 20 years, with a GDP now 17 times that of the North. Its population is 98 per cent literate, uses the internet more widely than the United States, has an extremely low birth rate and is the home of such major international corporations as LG and KIA.

Illustrating with a night time satellite photo showing bright lights in the south, and except for its capital, darkness in the north, he said most of North Korea lacks electricity. Two-thirds of its people are starving and over one per cent are living in labor camps.

Except for the plight of the North Korean people, nobody wants unification, he said.



Violinist Lauren Rausch and Pianist Choo Choo Hu opened the Residents Association's 2013-2014 Concert Series with a well-received program which included Beethoven's Violin Sonata No. 5, Brahms' Violin Sonata No. 1 and Ravel's Tzigane. Both women are pursuing advanced degrees at the Peabody Conservatory. Photo by Marcia Reinke

Broadmead Residents Association Concert Series

Sunday, October 13
2 p.m. Auditorium

Michael Sheppard, Piano
Dariusz Skoraczewski, Cello

This concert is in place of a concert originally scheduled for October 27

Bird and Nature Group

Friday, October 25 - 1:30 p.m.

Car pool to
Maryland Agricultural Center

Everyone Welcome



Photo by Sally Bloomer

Visiting the "Great Blacks"

By Virginia Schurman

Charlotte Parker and Elborg Forster, above, were among residents who recently visited Baltimore's Great Blacks in Wax museum thanks to the Ann Michener Fund which covered costs. The exhibit features 150 lifelike wax figures depicting the strength, resiliency and courage of African-Americans who endured adversity and prejudice to contribute to American culture in government, law, business, scientific discoveries, inventions, literature, music, civil rights, church leadership and sports. Famous Marylanders included in the exhibit are Benjamin Banneker, Sister Mary Elizabeth Lange, Thurgood Marshall, Harriet Tubman, Frederick Douglass, Clarence and Parren Mitchell and Reginald Lewis. The horrors of the slave ships and lynching are vividly depicted. The Museum is located at 1601-03 E. North Avenue.

Wednesday Night Bridge

6 p.m. Taylor
No partner required

Great Decisions Program to Reconvene in January

The Broadmead Residents Association's Great Decisions discussion group will reconvene in January to look at foreign policy issues challenging our nation.

Topics for 2014 are Political Islam in Africa, China's Foreign Policy, Turkey, Israel, Energy Independence, Economic Statecraft and Trade, Defense and the Rise of the New Technologies, and Food Security and Climate Change.

Cooperating with Great Decisions, the Open Forum Committee is scheduling three of its lectures on the topics to be discussed.

Great Decisions programs are run nationwide annually by the American Foreign Policy Association, which provides briefing books covering eight timely topics. The program was initiated at Broadmead last year by Park and Marjorie Espenschade who were involved in Great Decisions discussion groups at McDaniel College before moving here. The briefing books will be ordered in bulk again this year through McDaniel to save on shipping charges.

Twenty residents participated in the first round of discussions, which were held in the Fireplace Room. The 2014 programs are set to run on Mondays from 3:30 to 5 p.m. from January 20 through March 10.

The briefing books, which provide 10 pages of background for each topic, will cost \$20 each, but may be shared. Sign-up sheets will be posted on the bulletin board.

Commenting on the approach, Marj Espenschade said opinions are shared "in a most respectful way. Because we are not out to convert one another, we feel free to disagree and learn from one another." Questions may be directed to her at 443-578-8351.



Let's Dance

Monday
October 14 - 7 p.m.
Lounge

Historic Baltimore County and Family Style Food Delight Broadmead Tour Group

Story and photos by Marcia Reinke

Although many had seen the north county sights before, others on the Hereford Zone York Turnpike Tour were amazed at the amount of history right in Broadmead's back yard.

Arranged by our Tours Committee and the Baltimore County Historic Trust, the tour started with our own Holly House, the homestead of what was once the Holly Hill Farm, and the Toll Keeper's and Wheelwright Shop across the street at 13822 York Road.

Among other sites were the Jessop Church and cemetery, the Loveton Mansion, the Milton Inn (aka Milton Academy and Lamb's School), the Gorsuch Tavern and Barn, and the Rowe-Jessop Store (aka Foster's Store) at Monkton and York Roads.

Stops were also made at the Hereford Methodist Church and Parsonage, the Batchelor Store and the Burton House.

A family style lunch at Friendly Farms was included in the excursion.

Serving as docents were Patricia Bontz, executive director of the Baltimore County Historic Trust, and Ruth Mascari, chairman of the board. Resident Rhoda Dorsey arranged the trip and was presented with an award for her years of service to the Trust.



Enjoying a lavish family style luncheon at Friendly Farms were several tables of Broadmead residents who participated in the North County tour. At right are Ruth Mascari, board chairman of the trust, and Patricia Bontz, executive director, showing the route on an historic north county map.



**Let's Sing
with Jonathan Jensen
at the Piano**

Wednesday, October 23 - 7 p.m.
Lounge

**Trips Committee
"Woman of Two Worlds Exhibit"
Maryland Historical Society
Bus departs Broadmead 12:30 p.m.
Thursday, October 3
Check with Judith Hundertmark
on available space
\$5 fee for Historical Society
\$13 fee for bus.**

*Obrecht, Traffic Light, Birds
Smoking, Fees, Waiting Lists*
**"My Aim Is to Work
Collaboratively"....John Howl**

By Marcia Reinke

CEO John Howl has reported to the BRA Executive Committee and to the Fireside Chat that he is involved in negotiations on several of the knotty continuing problems involving Broadmead.

"It is my aim to work collaboratively," he said.

He has met with the developer of the Obrecht property, just northwest on York Road, concerning a storm water management problem which might produce more flooding in Western Run. He said they had a good discussion, the books of the project are open to us and that an engineering review is being considered. He has also met with District Three Councilman Todd Huff, who supported a rezoning of the property allowing for the construction of 79 townhouses, and with government agencies to express his concern about storm water runoff. The hearing scheduled for September was postponed.

Howl also reported to the Executive Committee that he has reopened the issue of a traffic light at our entrance on York Road, and has had a discussion with a land use attorney about a signal. Following a petition drive and letters from Johns Hopkins Professor and resident Sue Baker, the State Highway Department installed a light which measures the speed of a vehicle about a half-mile and three curves north of Broadmead, an action which most residents have regarded as insufficient, if not ridiculous, in connection with our entry-exit problem. Sought is some kind of blinking signal which would require north-south traffic to stop when a Broadmead vehicle wants to exit.

In connection with the aviary issue Howl has met with resident Nydia Finch, representatives from the People for the

Ethical Treatment of Animals (PETA) and Robin's Nest Aviaries about the finches in Hallowell. Director of Lifestyle Harriet Ambrose noted at the Fireside Chat that our aviary is in compliance with regulations regarding aviaries but is likely to be redesigned.

Howl also reported to the Fireside Chat that he is looking into the \$5,000 fee established earlier this year for intra-campus moves that do not involve a change in the level of care. He said he has found no language in our contract addressing this area and that he will be meeting with Pat Gordon and Tom Mondloch to reevaluate the fee and when it should be applied. He said the actual cost of any renovation required by a move could be applied rather than some pre-set flat fee.

Howl has also expressed concern about the long waiting list (15-plus) for assisted living. He said he is looking into converting some of the Stony Run apartments for that use.

In answer to a question from Frank Iber about the status of Broadmead's no-smoking policy, Howl said it went into force August 1 and the staff is now completely smoke-free. He added that residents still have some flexibility in designated areas.

The Broadmead Play Readers

will present

Cement Hands

by Thornton Wilder

Wednesday, October 2

7 p.m. Auditorium

Cast

Edward Blake, a lawyer	Walter Hudson
Paul, a waiter	John Dowling
Diana Colvin, Blake's niece	Judith Hundertmark
Roger Osterman, Diana's fiance	Harry Butcher

Broadmead Briefs...

BRA President **Susie Fetter** recently received a check for \$3,325 from Broadmead CFO **Pat Gordon** as BRA's share of the 2012-2013 fees received from the Associate Residents Program. Pat said we now have 81 associate members, 70 of whom use the pool and seven of whom use the services of our Outpatient Department. Others frequently use the fitness room and attend yoga classes. The Associate Program is open to persons over 55. There is, however, a waiting list.

The cover story in the August issue of *National Geographic*, entitled "Sugar Love: A Not So Sweet Story", includes a quotation from *Sweetness and Power*, a publication of Broadmead resident **Sidney Mintz**. Dr. Mintz taught at Yale for 23 years and then at Johns Hopkins from 1975-1997. *Sweetness and Power* deals with the history of food (sugar), and combines his work in history and anthropology. The *National Geographic* reference is to the spread of sugar in the Arab world. "Wherever they went, the Arabs brought with them sugar, the product and the technology of its production," he wrote. "Sugar we are told followed the Koran."

The Voice receives several exchange publications put out by other CCRCs, some of which contain ideas residents here, with time on their hands, might like to pursue. **Foulkeways**, a Pennsylvania Quaker establishment much like Broadmead, has a chorus, known as the **Foulkeway Singers**, which all residents are invited to join without an audition. A picture shows 37 men and women plus a director at a well-attended concert.

The **Foulkeways** Residents Association also holds an annual **Shredding Party** in one of the resident parking areas. Residents who have personal papers, bank statements, cancelled checks, legal documents etc., that should not be recycled, save them up and come watch them being

shredded, presumably by a giant imported shredding machine. Might save on the wear-and-tear and constant breakdowns of the BRA office shredders. Add a few tables, some wine and cheese and this could be fun.

Another thought comes from the *Medford Leas Life*, the newsletter of a Quaker CCRC in New Jersey. Among the workshops they are running for residents this fall is one on how to use an iPad. *Editor's note: a workshop on E-readers, like the Kindle, would be nice too.*

Ginny McKechnie reports that a "good turnout of relaxed residents and friends" have enjoyed movies in Taylor Hall thanks to **Priscilla Stieff** and **Ruth Sutherland**. Ginny also commented very favorably on a staff-sponsored Greek dinner in August which ended with a baklava dessert and an illustrated talk on various Greek cities.

Lois Sexton is saddened by the fact that Food Service did not ask for her late husband's recipe for **Elephant Stew** when it ran our recent **Safari Dinner**. The easy recipe calls for only three ingredients, an elephant, cut up into bite-size pieces, 212 gallons of brown gravy, two rabbits (optional) plus salt and pepper to taste. She notes, however, that perhaps Food Service lacked the time, as cutting up the elephant would take about two months, and it needed to be cooked over a kerosene stove at 350 degrees for two weeks. The rabbits are to be added only if there is not enough elephant as "no one likes hare in their stew."

Found in a pile of old notes and never reported was a description of Broadmead as a "college for the chronologically challenged," by Open Forum speaker and *New York Times* Reporter **Scott Shane**.

Linda Chick, Director of Community Services, has announced that comment cards are being printed and will be available at the reception desk for anyone wishing to document a comment, question or concern

Broadmead Briefs continued

about anything at Broadmead, rather than waiting for the next Fireside Chat.

Nancy Allchin has been appointed by the Executive Committee to replace Pat Lackey on the Nominating Committee.

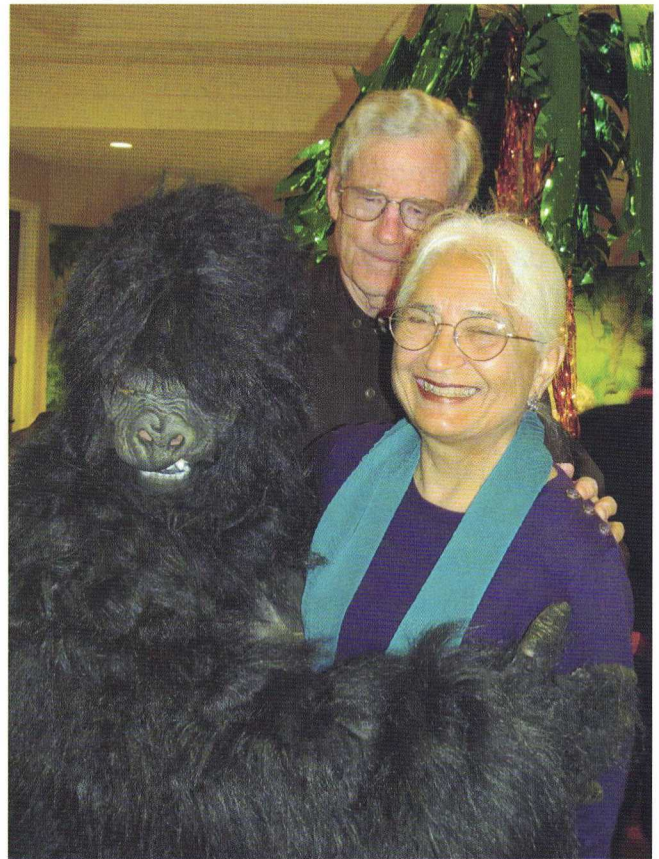
Walt Hudson has volunteered to take care of the electronic library.

Anne Allen Dandy reports that **Mary Frances Wagley** presented her with a bouquet of "glorious dahlias" which she'd found in abundance in her Broadmead garden shortly after she returned home from England. Anne Allen and her late husband Walter spent their honeymoon at the former summer home of D. William Halsted where his dahlia garden was renowned.

OOPS.....

In its September write-up on new members of the Residents Association Executive Committee, *The Voice* had new Board of Trustees Representative Frank Iber as a graduate of Tufts Medical School. Wrong. He is a graduate of Johns Hopkins Medical school. He taught at Tufts, the University of Maryland Medical School, Loyola and the Hopkins Medical School.

A photo on the front page of the September *Voice* showed former CEO Rich Compton holding a retirement gift from the Multicultural Committee. The caption incorrectly stated that the committee had given him bound copies of *The Voice* with pictures and write-ups on its activities over the years. Actually the gift was a scrapbook of *Voice* articles and pictures during his tenure here, as well as annual reports from the committee's initial years (1999-2000) as the "Ad Hoc Committee on Diversity." The scrap book was compiled by Margaret Lord and Bob Fetter.



The dining rooms were festooned with tropical wall coverings, palm trees, tigers, lions, zebras, hippos and more for a Food Services Safari extravaganza featuring a large menu of African dishes. Being greeted here by a gorilla (server Katie Smith) are Michael and Narindar Kelly,

Photo by Marcia Reinke

Sidwell and Tuttle Win Round Robin One's Top Prize

Mary Ruth Sidwell and Marge Tuttle took the top prize in Round Robin One's 2012-2013 bridge tournament. Winners were announced by Robin One Coordinator Ann Remington at a mid-September luncheon in the Magnolia Room.

Placing second were Helen Davis and Florence Platt; and third L.R."Weezie" Davis and Charlotte Hurtt. Fourth were Ann Remington and Priscilla Wiswell; fifth, Park and Marj Espenschade; and sixth, Nancy Boyce and Marcia Reinke.

Remington announced that no team has placed first twice in the past six years. Play resumes in October and will continue until August 2014.

Dysphagia or Difficulty With Swallowing Can Be Helped

By Speech Therapist Chuck Warnke,

As we get older, our bodies just don't keep up with us the way we want or need. Muscles get a little weaker, a little slower and a little less responsive. And for the most part, that's perfectly fine. It's what happens as we age.

But there is one aging area that should garner special attention because it is frequently overlooked: dysphagia, a difficulty with swallowing.

This difficulty can range from choking and coughing during meals, to a constant need to clear your throat before, during, or after meals, to a sticking sensation in the middle of your throat. Other symptoms of possible difficulty include watery eyes, runny nose, or sneezing during or after a meal.

These symptoms can be frequent or inconsistent, depending on what you are eating. Difficulty can be triggered by solids, liquids or pills. Most people tend to have difficulty with one item or consistency versus having difficulty at every meal. Untreated, dysphagia can lead to pneumonia, weight loss, breathing difficulties and other respiratory issues.

Dysphagia can be caused by many different medical conditions. It is important to note, however, that dysphagia may be due to natural aging. Just as your leg and arm muscles may weaken as you age, so may the muscles involved with swallowing.

Rarely is age-related dysphagia a black-and-white, yes-or-no, issue. Typically the symptoms come on gradually. Fortunately, there are easy exercises you can do to strengthen the muscles in your throat – just as there are exercises you can do to strengthen your legs and arms – at any age.

Those wanting more information may contact Chuck Warnke in Rehab Therapies.

Friends School Goes Native

By Nancy Allchin

Kindergartners and high school students have been planting "natives" at the Friends School since 2004, Kay McConnell of the Guilford Garden Club told a group of Broadmead gardening enthusiasts in a power point presentation here.

Students of all ages have participated in the design and planting of many small gardens and picnic areas throughout the campus, each one supported and carried out by a class at Friends. Native plants have been used exclusively for a variety of reasons, she said.

Plants indigenous to Maryland are suited to our climate and to our soil so they thrive here. They attract the native insects that are pollinators for our flora, ensuring the plants' longtime survival. They also attract birds.

Students have also learned about the necessary underground water-flow control; and how to dig a hole and set in the plant.

McConnell brought a large bouquet of samples, plucked from the gardens. Included were black-eyed susan, mountain mint and boneset.

Saturday Night Performances

7 p.m. - Auditorium

October 12

"My Lady's Manor"

The Name and the Events

Zippy Larson

October 19

Lady's Barbershop Quartet

Thanks to Louise Hager's
90th Birthday Gift

October 26

Local Water System and Dams
Baltimore County Historical Society

Movie will be shown October 5



The Wellness Department kicked off "Active Aging Week" with a series of games in the lower level recreation room and outdoors. Shown at left with bocce balls are Bob Fetter, Julie Sega, Lolly Burton and Marjorie Appleby. At right enjoying a game of ping pong are Nancy Allchin and Nancy Hauss. Others played pool, shuffleboard and a ring toss game.

Voice of Residents Workshop

Staff help is especially needed
to learn how to lay out
our pages and boxed copy,
to report on assigned meetings
or to write assigned features

Off-staff persons who regularly report
on specific programs and
persons who submit poems,
unassigned features and
other writings or photographs
are urged to attend to become
acquainted with our style sheet,
formats and the kinds of submissions
most likely to be accepted

Also invited is anyone else who is just
curious about how we operate

Computer literacy desirable
PC or Apple (but especially Apple)

Monday, October 28
10 a.m. Fireplace Room

Corner Cupboard

Monday, Tuesday, Thursday, Friday
10 a.m. - 4:30 p.m.

Country Store

Monday to Friday
10 a.m. - 2 p.m.
Saturday: 11 a.m. - 1 p.m.

First Monday Book Group

Auditorium, 10:30 a.m.

October 7 *Citizens of London, the
Americans Who Stood with
Britain in Its Darkest Hour*

by Lynne Olson

November 4 *Sweet Tooth*

by Ian McEwan

December 2 *The Round House*

by Louise Erdrich

Books may be borrowed from the
Bookmobile every other Friday

Sally Bloomer

Resident Doctor Reports on His Hepatitis Health Lecture

By Frank Iber, M.D.

Three types of hepatitis are common in America and are named A, B and C. All are viral infections and though they have very similar symptoms are highly different diseases.

All three uniformly produce abnormal liver tests in the blood and their antibodies allow the determination of which of the three diseases is present. Hepatitis A is transmitted by oral ingestion of food or water contaminated by infected feces. Eventually 10 to 20% of Americans will have this disease. It is never chronic and almost never fatal. Immunity is permanent after a case or immunization.

Hepatitis B and C become chronic frequently and are transmitted by infectious material reaching the blood stream most commonly through needles contaminated by body fluids.

Conservation Guru Sally Bloomer Wants Lights Out.....*please*

"Lights Out Please" read the signs above almost all the light switches in the Center. Yet how many of us forget or ignore the signs? Quite often, sorry to say. In the pool locker room, in the BRA office or even in the auditorium. After a 10:30 meeting of the Monday Book Group which ended at 11:15, the lights were still on at 11:45.

Maintenance is doing its part. LED bulbs were recently put in the auditorium and lounge. The lantern lights on the low brick wall south of the center are now off during the day. When working in an empty apartment, staff is remembering to turn the lights off at the end of the day.

Residents and staff, let's all do our part. Join the 350.org club. This on-line group concentrates on reminding us that 350 is the number of carbon molecules per million that the atmosphere can hold and maintain thermal balance. And we are already up to 390. LIGHTS OFF PLEASE.

Curative treatments exist for both B and C if administered in the first month of infection. In infections persisting over months, treatments for B only suppress the disease as long as treatment continues, whereas treatment for C is curative at least 90 per cent of the time. Treatments of B and C are both costly and associated with many serious side effects. Chronic B and C shorten life by about 15 years as both produce cirrhosis with regularity and occasionally cancer of the liver. Currently half the 10,000 annual liver transplantations are from damage by hepatitis C. An excellent vaccine exists for B, but none has been developed for C.

(Doctor Iber, a specialist in hepatology (liver), is a graduate of the Johns Hopkins Medical School and has spent 55 years researching and teaching at the Hopkins Medical School, the University of Maryland Medical School, Tufts Medical School and at Loyola.)

Sew and So

Talented ladies will repair and alter your clothes.

Inexpensive. Proceeds to Broadmead Residents Association

Workroom: second floor of Stony Run

Use back elevator, turn right, go beyond doctors' offices and computer lab.

Turn left. Room 215. Hours Tuesday and Wednesday 10 a.m. to noon

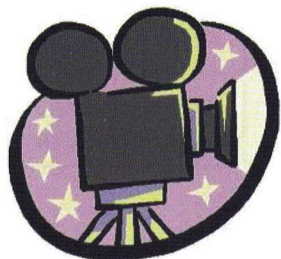
**Elaine McDonald and Bonnie Cox
co-chairs**

Adventures in Learning Baltimore's Houses of Worship

by Lois Zanow and Sally Johnson
Auditorium 10:30 a.m.

**Wednesdays, October 23 and 30
and November 6**

**Narrated bus tour, Wednesday,
November 13**



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by Carol McCord;
Saturday movies by Jeanne Stephenson

Tuesday, October 1

Life of Pi

(Suraj Sharma, Irrfan Khan, Ayush Tandon)

Based on Yann Martel's best-selling novel, this coming-of-age tale recounts the adventures of Pi, an Indian boy who is the sole survivor of a shipwreck. Pi finds himself on a lifeboat with only some zoo animals for company.

(2013) PG 127 minutes

Saturday, October 5

The King and I

(Yul Brynner, Deborah Kerr)

The up and down relationship between the King of Siam and an English teacher is the focus of this beloved musical.

(1956) NR 133 minutes

Tuesday, October 8 The Thirty Nine Steps

(Kenneth Moore, Taina Elg, Brenda de Banzie)

Remake of classic Hitchcock thriller.

Mistaken identity, man caught in spy intrigue.

(1959) NR 105 minutes

Tuesday, October 15

Dear Frankie

(Emily Mortimer, Gerard Butler, Jack McElhone)

After years of lying to her son and pretending his deadbeat father is away at sea aboard the HMS *Accra*, a protective mother must find a man willing to pose as the boy's dad when the ship docks right by their home.

(2004) PG-13 105 minutes

Tuesday, October 22

Guarding Tess

(Shirley MacLaine, Nicholas Cage)

Doug Chesnic is a stoic Secret Service agent who feels more like a heavily armed butler guarding former First Lady Tess Carlisle, a demanding widow living quietly in Ohio. But with Doug poised to take a new assignment, Tess won't let him go.

(1994) PG-13 95 minutes

Tuesday, October 29

House Call

(Walter Matthau, Glenda Jackson, Art Carney)

Middle-aged widower Dr. Charley Nichols, treading the scary waters of the dating scene, meets divorcée Ann. The two engage in a comical courtship, but neither will commit to a serious relationship.

(1978) PG 95 minutes

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.

Stony Run Board Room

Vespers

3rd Sunday every month

4:30 p.m. Main Lounge

October 20

The Rev. Gretchen Van Utt

Presbytery of Baltimore, PC (USA)

Bible Study

Tuesdays at 10 a.m.

Fireplace Room

(sponsored by Brown Memorial
Woodbrook Presbyterian Church)

Episcopal Communion

1st Wednesday every month

10:30 a.m. Holly Terrace

(sponsored by Sherwood Episcopal Church)

Catholic Mass

2nd Wednesday every month

10 a.m. Holly Terrace

(sponsored by St. Francis Xavier Church)

The Gathering

Faith Related Topics

3rd Wednesday every month

10:30 a.m. Auditorium

(sponsored by the Episcopal Church
of the Redeemer and Brown Memorial Park
Avenue Presbyterian Church)

VOICE OF THE RESIDENTS

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Broadmead Barn Sale

13801 York Road, Cockeysville, MD



Friday, October 18

8:30 a.m. to 2:30 p.m.

Saturday, October 19

9 a.m. to 12:30 p.m.

Open to All

**Furniture will be sold on
Thursday, October 17, 2 to 6 p.m.
(Residents and Staff Only)**

Bake Shop (Friday only)
Men's and Women's Clothes
(Auditorium and Lounge)
This 'n' That...Kitchenwares
Holiday Shop China

Furniture
Gifts

Shoes
Picture Frames

Appliances
Jewelry
Linens
Handbags
DVDs, Tapes